

Appendix G: DSM-V Criteria for diagnosis of Alcohol Dependence (Heinzerling, et al, 2017)

Diagnostic requires 3 or more in the past 12 months	Yes	No
1. Tolerance , as defined by either of the following: <ul style="list-style-type: none"> c. A need for markedly increased amounts of alcohol to achieve intoxication/desired effect d. Markedly diminished effect with continued use of the same amount of alcohol 		
<i>Possible prompt: Do you feel like you have to drink more to feel the same effect? Or do you feel like the effect of alcohol is not as strong as it was before?</i>		
2. Withdrawal , as manifested by either of the following: <ul style="list-style-type: none"> c. Characteristic withdrawal syndrome d. Drinking to relieve or avoid withdrawal symptoms 		
<i>Possible prompt: Do you have the shakes or anxiety when you don't drink?</i>		
3. Too much, for too long: Drinking in larger amounts or over a longer period of time than intended		
<i>Possible prompt: Are you unable to have just one drink? Can you stop when you want to?</i>		
4. Can't stop using: There is a persistent desire or unsuccessful effort to cut down or control alcohol use.		
<i>Possible prompt: Do you spend a great deal of time drinking, getting alcohol or recovering from drinking (hangovers)?</i>		
5. Too much time spent on substance: A great deal of time is spent on activities necessary to obtain the substance, use the substance, or recover from its effects.		
<i>Possible prompt: Do you spend a great deal of time drinking, getting alcohol or recovering from drinking (hangovers)?</i>		
6. Giving up activities: Important social, occupational or recreational activities are given up or lost due to substance use.		
<i>Possible prompt: Do you miss time from work or time with family or friends who do not drink?</i>		
7. Continued use despite harm to self: Substance use is continued despite having persistent or recurrent physical or psychological problems that have been caused or exacerbated by use.		
<i>Possible prompt: Do you continue drinking even though it has caused harm to you or other people?</i>		
Does the patient meet DSM-IV criteria for Diagnosis of Alcohol Dependence? (3 or more of the above in the past 12 months)		