Red Flags for Relapse

The following behavior "red flags" should be addressed with the patient as soon as they are noticed:

- missing appointments
- running out of medication too soon
- taking medication off schedule
- not responding to phone calls
- refusing urine or breath testing
- frequent or urgent inappropriate phone calls
- neglecting to mention change in address, job or home situation
- inappropriate outbursts of anger
- lost or stolen medication
- frequent physical injuries or auto accidents
- non-payment of visit bills
- neglecting to mention new medication or outside treatment
- appearing intoxicated or disheveled in person or on the phone

(Adapted from PCSS: Providers Clinical Support System. The original document can be viewed at: https://pcssnow.org/resources/clinical-tools/)